



# EYELINER PRE & POST CARE

## PRE CARE - PLEASE READ FULLY

Your Pre Care is an important step in achieving the desired healed results. As we are working with living tissue, ensuring the skin is in optimum condition is vital to our results. Please ensure you fully read the below and agree to follow these steps.

## PRE CARE

1. Lash growth serums must not be used for a minimum of 3-6 months prior to your appointment.
2. Please arrive with NO eyemake up on.
3. Drink plenty of water 1-2 weeks prior to your appointment to ensure the skin is hydrated.
4. Please avoid any retinols around the area for a minimum of 8 weeks.
5. Eyelash extensions should be removed a minimum of 1 week prior to your appointment.
6. Please remove any contact lenses before your treatment begins.
7. Any lash lifts / lash tints should ideally be carried out at least 7 days prior to treatment.
8. We cannot proceed with the treatment if you are on antibiotics, and any new medication must be discussed
9. It is advised that you do not have any kind of vaccination for 2 weeks prior.

## ON THE DAY OF YOUR TREATMENT

1. You must be in good health and not pregnant.
2. Any medical conditions should have been discussed at the time of your booking.
3. Please eat before your treatment to help with blood sugar levels.
5. Ensure you allow plenty of time for your appointment.
6. Avoid drinking large amounts of coffee, taking ibuprofen, aspirin (unless medically advised) and alcohol the night before your treatment.

## POST CARE - PLEASE READ FULLY

1. Aftercare is key to the healing of your permanent makeup and must be strictly followed. If you pick at them you will lose colour and will be liable to pay for additional retouches.
2. You may notice whiteness or blanching around the area, this is normal and will subside within a few hours.
3. You may get some swelling, this is normal and should subside within 2 days.

4. In some cases there may be slight bruising. This should last no longer than 1 week.
5. Remember your colour will be darker and more prominent for 5-7 days on average.
6. Avoid any sauna/swimming/heavy exercise & sun exposure until the area has completely healed.
7. Avoid any makeup around the area until fully healed.
9. Its vital that you keep the area clean and free from any makeup / products during the healing phase to prevent infection.

## POST CARE INSTRUCTIONS

After the first 6 hours, gently clean the area with cool water.

Ice the eyes for 5-10 minutes (when we have worked on the eyelid not necessary for lash enhancement)

If the area feels dry or tight, you can apply a small amount of ointment to the area with a clean cotton bud.

Repeat daily until the area has fully healed approx. 7 days. Avoid eye makeup until the area has completely healed.

### **DO NOT PICK OF PULL AT THE AREA - IT CAN RESULT IN A INFECTION OR PIGMENT LOSS**

As soon as your procedure is finished your skin will prepare to heal. The skin will begin close and in a few days you may notice a thin crust - this will protect the area whilst the top layers of the skin fully heals.

Around day 4-5 this will start to flake away revealing the pigment. You may intially see a lighter hue of implanted colour. This will change and settle over the next 4-6 weeks. In some cases a true healed colour can not be seen for up to 3 months.

## PLEASE NOTE

THIS IS A TWO STAGE PROCEDURE. Your treatment is not deemed complete until you have had both sessions. Your second visit should follow within 6-12 weeks.