



Your PMU Removal & Correction Journey

Client Guide 2026



Welcome to Changing Faces

**Do you have old microblading or permanent makeup you no longer love?
Are your brows showing yellow, red, orange or uneven tones after fading
or previous removal?**

You're not alone — and you're not stuck with them.

At Changing Faces, I specialise in advanced PMU removal and correction, using a combination of laser and Botched Ink® saline removal to safely lift, lighten and improve unwanted pigment.

My approach is always:

- Personalised
- honest
- And focused on protecting your skin while achieving the best possible outcome

This booklet will guide you through what to expect, how the process works, and why combining methods often gives better, safer results.

Who Is This For?

This journey may be right for you if:

- You have botched or outdated PMU that needs full removal
- You want to lighten existing brows ready for a fresh correction
- You've been left with yellow, red, orange or stubborn tones
- Laser alone hasn't fully resolved the pigment
- You want a safe, considered, step-by-step approach — not rushed fixes

What Can Be Treated?

- Microbladed, tattooed or permanent eyebrows
- Lip liner or lip blush applied outside the natural lip line
- Scalp micropigmentation

Each case is assessed individually, as no two pigments — or skins — behave the same.



Why Choose Me?

Choosing removal or correction is a big decision, often made after disappointment elsewhere.

My role is to guide you calmly and honestly through every stage.

I am trained and experienced in both laser and Botched Ink® saline removal, allowing me to choose the right tool at the right time — not a one-size-fits-all solution.

From your first consultation through to healing, removal, and any future correction, you'll be supported with:

- clear explanations
- realistic expectations
- and a commitment to your skin's long-term health

I'm also a regional Botched Ink® trainer, which means you're in experienced hands when it comes to saline removal.

Why Combine Laser & Botched Ink® Saline?

Each method works differently — and that's exactly why combining them can be so effective.

Some pigments respond well to laser.
Others don't.

By using both laser and saline removal, we can:

- Address all pigment colours
- Manage tricky warm tones
- And work more safely with older, layered PMU

This dual approach allows your treatment plan to be tailored to your pigment, your skin, and your goals.



How We Decide Where to Start

Every removal journey begins with a consultation and laser patch test. The patch test allows us to see:

- How your pigment responds to laser
- How easily it begins to break down
- Whether any underlying red, orange or yellow tones are revealed

Some pigments clear beautifully with laser alone.

Others expose warmth that laser cannot effectively treat.

This is why the patch test is so important — it guides the safest starting point.

Why I Often Begin with Saline

Although the patch test determines the plan, I frequently begin with at least one Botched Ink® saline session first.

This helps to:

- Gently lift older or layered pigment
- Reduce the risk of strong warm tones appearing
- Soften and prepare the skin before laser
- Create a more controlled removal process

In some cases, laser may be appropriate as the first treatment.

In others, saline first gives us a safer foundation.

There is no “one-size-fits-all” approach — your treatment plan is guided by how your pigment behaves.

Your Removal Journey Is Personal

Two clients with similar-looking brows can have completely different pigment histories beneath the skin.

That’s why:

- We assess
- We patch test
- We review
- And we adjust as we go

Removal is not a race. It’s a strategic process.



What Is Botched Ink® Saline Removal?

- Botched Ink® is a professional hypertonic saline solution designed to lift pigment out of the skin during the natural healing process.

The solution is gently implanted into the skin, where it:

- dries the treated area
- binds to pigment
- and lifts it out as the skin heals

Why Botched Ink® Is So Effective:

- Suitable for all pigment colours, especially red, pink, yellow and orange
- Ideal for lightening pigment before or after laser
- Excellent for eyebrows, lips and delicate areas
- Helps correct pigment migration and uneven saturation
- Low risk of scarring when carried out correctly
- Safe for all skin types with proper aftercare

What to Expect During Treatment:

- The area is numbed beforehand
- Treatment lasts around 60 minutes (including numbing time)
- No patch test is required (unless you have a known aloe vera allergy)
- Consultations can be done on the same day or via video call

Healing & Appearance:

Many clients worry about how brows will look during healing.

With Botched Ink®, treated areas often look softer and more natural while healing — unwanted grey or orange tones often appear more brown temporarily.

After 48 hours, once the area has fully dried, you'll begin using your aftercare serum to support comfortable healing.



What Is Laser PMU Removal?

Laser removal works by targeting pigment particles and breaking them down so the body can naturally eliminate them through the lymphatic system.

Laser is particularly effective for:

- darker, cooler pigments
- deeper saturation
- speeding up the overall removal process when combined with saline

What Happens at a Laser Appointment:

- Consultation and patch test to assess response
- Cleansing and protective eyewear
- Quick treatment (usually 10–20 minutes)
- Mild redness, swelling or frosting afterwards — all temporary
- You'll receive full aftercare guidance to support safe healing.

How These Methods Work Together

Every removal journey is different.

Some clients only need saline. Others benefit from laser — or a combination.

A typical plan may look like this:

- Consultation & laser patch test
- Saline removal to lift and soften pigment
- Laser treatment (if appropriate)
- Further saline sessions if needed
- Healing, review, and optional corrective work

This process takes time — and that's intentional.

Slow, considered treatments protect your skin and give better long-term results.

How Many Sessions Will I Need?

PMU removal is a process, not a single appointment.

The number of sessions depends on:

- pigment type and depth
- colour
- skin type and condition
- how old the PMU is
- and your end goal

Most clients should mentally and financially allow for a minimum of three sessions, spaced 8 weeks apart, often over a six-month period.

This isn't a promise that pigment will be gone in three sessions — but it allows us to assess how your pigment responds and plan safely from there.



Already Had Laser Removal?

If you've previously had laser tattoo removal and your brows have turned yellow, orange, or red, you're not alone. This is a relatively common reaction with certain pigments used in permanent makeup.

Laser works by breaking down darker pigment particles, but sometimes underlying colours within the pigment become visible once the darker tones are removed. These lighter colours can be more challenging to treat with laser alone.

Can It Be Removed?

Yes — but it often requires a different approach.

In many cases, saline removal is the most effective method for lifting these remaining pigments. The saline solution works by drawing pigment out of the skin through a natural healing process, rather than relying on light absorption like laser.

What to Expect

Yellow, orange, or red pigment can be one of the more stubborn stages of removal, so it's important to understand that:

- Multiple sessions are usually required
- Progress can be gradual
- Each client's skin and pigment history is different

During your consultation, we will discuss your pigment history, previous treatments, and your end goal — whether that's full removal, lightening the area, or preparing the skin for a future brow correction.

A Personalised Plan

At Changing Faces, removal treatments are approached case by case.

Many clients come to me after previous removal attempts, and together we create a treatment plan that safely moves the brows closer to your desired outcome.

Even when pigment appears stubborn, improvement is almost always possible with the right technique and patience.



Pricing

Removal consultation: **£20**

Botched Ink® or laser removal: **£80 per session**

Scalp micropigmentation removal: price on assessment

Undo & Renew Package – £550

Ideal if you want to lighten old brows and start fresh.

Includes:

- Consultation & patch test
- Unlimited removal sessions until pigment is suitable
- A new set of brows (normally price £350)

This package can save significant cost compared to paying per session.

Emergency Removal (Within 48 Hours)

If you've just had PMU and immediately know it's not right — don't panic

Emergency removal must be carried out within 48 hours, before scabbing begins.

Video consultation required first, I will do my absolute best to fit you in, even out of hours. Please contact me directly as soon as possible 07792 931229

Video consultation: £20

Emergency removal: £100

A Final Reassurance

Removal can feel overwhelming — especially if you've already had a bad experience.

My job is to slow things down, explain clearly, and guide you safely through each step.

Progress isn't always linear.

Healing takes time.

But with the right plan, improvement is possible.



Pre & Aftercare Summary

(Laser & Botched Ink® Saline Removal)

Your skin's condition before and after treatment plays a huge role in results. Following these guidelines helps protect your skin, reduce risks, and support the best possible outcome.

This is a summary only — full pre- and post-care instructions will be provided and must be followed.

Before Your Removal Appointment

To prepare your skin:

- Avoid tinting, waxing or threading the area for at least 48 hours
- Stay well hydrated in the weeks leading up to treatment
- Avoid retinol or active skincare around the area for at least 8 weeks
- Use a broad-spectrum SPF daily
- Avoid Botox, fillers or other aesthetic treatments for 2 weeks before and after
- Do not attend if you are taking antibiotics (any new medication must be discussed)
- Avoid vaccinations for 2 weeks prior
- Reduce caffeine and alcohol consumption for 24 hours before treatment

On the day:

- Arrive in good health and not pregnant
- Eat beforehand to support blood sugar levels
- Allow plenty of time for your appointment
- After Your Removal Treatment
- Aftercare is essential and must be followed carefully.
- Keep the area completely dry for the first 48 hours
- Do not pick, rub or disturb the area — this can cause scarring
- Expect mild redness, swelling or sensitivity initially
- After 48 hours, apply a small amount of recommended aftercare as advised
- Avoid heat (saunas, steam rooms, hot baths, intense exercise) until fully healed
- Avoid makeup or skincare products on the area until healed
- Keep the area clean and free from products during healing
- Once healed, protect the area daily with SPF
- Light crusting or flaking can occur as the skin heals. This is part of the normal repair process and should be left to fall away naturally.

A Gentle Reminder

PMU removal works best when the skin is:

- calm
- supported
- and given time to heal fully

Rushing the process or ignoring aftercare can affect results and skin health. If you're ever unsure — please ask.
