



BEAUTY SPOT PRE & POST CARE

PRE CARE - PLEASE READ FULLY

Your Pre Care is an important step in achieving the desired healed results. As we are working with living tissue, ensuring the skin is in optimum condition is vital to our results. Please ensure you fully read the below and agree to follow these steps.

PRE CARE:

1. Please ensure any tinting / waxing or threading is carried out at least 48 hours prior to your appointment.
2. Please ensure you drink plenty of water in the weeks leading up to your appointment, hydration is key for skin healing.
3. Any aesthetics services i.e. botox/fillers are to be avoided for at least 2 weeks before and after.
4. Please avoid any retinols around the brow area for a minimum of 8 weeks.
5. Ensure you use a broad spectrum SPF.
6. We cannot proceed with the treatment if you are on antibiotics, and any new medication must be discussed.
7. It is advised that you do not have any kind of vaccination for 2 weeks prior.

ON THE DAY OF YOUR TREATMENT

1. You must be in good health and not pregnant.
2. Any medical conditions should have been discussed at the time of your booking.
3. Please eat before your treatment to help with blood sugar levels.
5. Ensure you allow plenty of time for your appointment.
6. Avoid drinking large amounts of coffee, taking ibuprofen, aspirin (unless medically advised) and alcohol the night before your treatment.

POST CARE - PLEASE READ FULLY

1. Aftercare is key to the healing of your permanent makeup and must be strictly followed. If you pick at your skin you will lose colour and will be liable to pay for additional retouches (Yes we can tell!).
2. You may notice whiteness or blanching around the area, this is normal and will subside within a few hours.
3. You may get some swelling, this is normal and should subside within 2 days.

4. In some cases there may be slight bruising. This should last no longer than 1 week.
5. Remember your colour will be darker and more prominent for 5-7 days on average.
6. Avoid any sauna/swimming/heavy exercise & sun exposure until the area has completely healed.
7. Avoid any makeup around the area until fully healed.
8. Once healed, the area should be protected daily with a good SPF.
9. Its vital that you keep the area clean and free from any makeup / products during the healing phase to prevent infection.

POST CARE INSTRUCTIONS

Pat the area with a damp cotton pad twice a day to keep it clean (do not saturate the area or use any products)

From day 4 apply a small layer of your After Inked Balm to the area with a clean cotton bud or finger tip. Repeat morning and night for 7 days.

DO NOT PICK OF PULL AT THE AREA - IT CAN RESULT IN A INFECTION AND PIGMENT LOSS

As soon as your procedure is finished your skin will prepare to heal. The skin will begin close and in a few days you may notice a thin crust - this will protect the area whilst the top layers of the skin fully heals. Around day 4-5 this will start to flake away revealing the pigment. You may initially see a lighter hue of implanted colour. This will change and settle over the next 4-6 weeks. In some cases a true healed colour can not be seen for up to 3 months.

PLEASE NOTE

THIS IS A TWO STAGE PROCEDURE. Your treatment is not deemed complete until you have had both sessions. Your second visit should follow within 6-12 weeks.