

Skin Rejuvenation Aftercare

Pre-treatment care:

- 30 day rule for sun exposure – before & after the treatment. No active tan must be present i.e. no pinkness, burnt skin, visibly been in the sun-bathing recently. Treatment area must be kept out of the sun, covered & 30+ SPF applied
- Please stop using any anti-aging or acid based products on or near the treatment area 2-3 days prior to your appointment
- No botox or filler near the treatment area for at least 2 weeks before - laser also breaks this down quicker
- No fake tan must be worn on the treatment area, this must be scrubbed off at 48 hours prior to your appointment

For the next 24 hours:

- Its common for the area to feel slightly warm and to experience some redness. These symptoms may disappear immediately or a few days after treatment
- Its common for freckles & pigmentation to look a little darker
- Avoid all heat treatments such as steam rooms, saunas, hot baths, hot showers and excessive exercise
- Acne spots may look worse while the skin purges, they can be red and swollen
- Do not use any additional products on the skin, if the skin feels hot only use Aloe vera gel

On going advise:

- A high SPF 30+ should be applied when outside for 4 weeks after treatment. Excessive exposure can cause hypo or hyper pigmentation of the skin
- Anti-aging products & acids can be used following 24 hours
- NOTE: If you find the area treated is sensitive after 2 weeks, continue the list above for another week.

Please do not hesitate to contact us if you have any questions

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Treatment frequency & results:

- 6 sessions 4 weeks apart recommended as part of a course for maximum results
- Maintenance session recommended every 6 - 8 weeks
- Repeat course every 6 months
- Skin rejuvenation lasting results depend on ageing process for each client
- Acne treatment lasting results dependant on many factors, not limited to: health & hormones