

Laser Tattoo & Pigmentation Removal Aftercare

Pre-treatment care:

- 30 day rule for sun exposure – before & after the treatment. No active tan must be present i.e. no pinkness, burnt skin, visibly been in the sunbathing recently. Treatment area must be kept out of the sun, covered & 30+ SPF applied
- Please stop using any anti-aging or acid based products on or near the treatment area 2-3 days prior to your appointment
- No fake tan must be worn on the treatment area, this must be scrubbed off at 48 hours prior to your appointment
- No botox or filler near the treatment area for at least 2 weeks before - laser also breaks this down quicker
- It is advised that loose, breathable clothing is worn around the treatment area
- Reduce caffeine & alcohol consumption for 24 hours prior to the appointment

For the next 24 hours:

- Any frosting should disappear within 10 minutes. its common for the area to feel slightly warm, to experience some redness, local swelling and mild tenderness. These symptoms may disappear immediately or a few days after treatment
- Do not get the area wet (cover area with cling film to shower if possible)
- Avoid all heat treatments such as steam rooms, saunas, hot baths, hot showers and excessive exercise
- The use of 100 % Aloe Vera gel is recommended directly after treatment and for a further few days if necessary
- An ice cold compress or gel pad can be applied if the area feels hot or uncomfortable

After 24 hours for approx. 10—14 days:

- Wash area with unscented antibacterial soap & water, dry thoroughly
- Apply 1% hydrocortisone cream for 4-5 days, this will reduce inflammation and any itchiness
- Continue to avoid all heat treatments such as steam rooms, saunas, hot baths, hot showers and excessive exercise
- Avoid all perfumed creams, soaps and lotions on the treatment area. Only use Aloe Vera gel or Vitamin E lotion from day 5 - 14
- Any crusts or scabbing should come away from the skin by approx. day 10

Ongoing advise:

- A high SPF 30+ should be applied when outside for 4 weeks after treatment. Excessive exposure can cause hypo or hyper pigmentation of the skin
- NOTE: If you find the area treated is sensitive after 2 weeks, continue the list above for another week.

Please do not hesitate to contact us if you have any questions

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Treatment frequency & results:

- Multiple treatments will be required – dependant on many factors but not limited to: pigment/ pigmentation type, colour, how good immune system/ metabolism is, age of Client/ pigment, healing, medications
- Minimum 6 weeks between treatments, longer for more mature Clients/ smokers, recommended every 8 - 10 weeks